

A Series of Remarkable Lectures

Looking at the Human Psyche Through a Variety of Lenses: Mythology, Depth Psychology, and Shamanism

Monday, September 24, 2018, 7pm to 9pm

Outstaring The Darkness: A Fellowship of Myth and Psychology in The Lord of the Rings

Presented by: Maryam Sayyad, MA, Ph.D Candidate in Mythological Studies

This lecture will introduce a psychological approach toward reading myths, and applies this perspective to Peter Jackson's film version* of *The Lord of the Rings*, thereby illuminating a simple psychological reality within the complex and fantastical web of story.

*For the purpose of this evening, in-depth knowledge of J.R.R. Tolkien's original book is will not be necessary. However, familiarity with either the books or the films will deepen our conversation. For the sake of consistency, we will focus only on the films.

Tuesday, October 2, 2018, 7pm to 9pm

The Dark Path to God: Saving One's Self Through the Shadow

Presented by: Arjang Hedayati, MA

In his concept of Individuation, Jung provided his readers with a powerful philosophy on how to locate the center within their selves, especially for those attempting to lead lives outside of the mainstream, for those who stand alien to their culture, whether it be because of their gender, their beliefs, or their personal choices. This lecture will be an exploration of Jung's concept of Individuation, and how, by doing Shadow work, we can find paths to the god/Hero residing within us--and in the process, learn to rely on that inner god in the face of those that would judge, blame, and harm us.

Monday, October 22, 2018, 7pm to 9pm

Energy, Vitality, and Effervescence in Sacred Space

Presented by: Maria Bartolotta, Pastoral Counseling and Energy Work through a Shamanic Lens

An overview and exploration of Shamanic thought and practice as it relates to the physical and non-physical worlds. Including suggestions and perspectives for freeing held emotions and trauma, and clearing ancestral patterns. With a look at the elements of ceremony to increase personal vitality, energy, essence, wellbeing, freedom, and connection to the sacred.

All three lectures will be held at
Beverly Hills Public Library
Meeting Room South, 2nd Floor
444 North Rexford Drive
Beverly Hills, CA 90210



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This is a **FREE** event but please
RSVP
to Mastaneh Moghadam at
mastanehmoghadam@gmail.com
as space is limited

